

Join Andrea Pritchard,  
Reiki Master:

# REIKI AND RESTORE: SPECIAL FULL MOON EDITION

What you'll experience in this special  
class:

- A relaxing and restoring yoga class
- Hands on reiki throughout to help balance the nervous system
- Aromatherapy to augment restoration and healing
- Guided meditation, using the energy of the full moon to help you shift into a new season

**SUNDAY APRIL 29, 2018**

**6:00-8:00PM**

**\$25.00**

**4 CATARAQUI ST, SUITE #110**

For more information and to  
register, visit:

[www.fchn.ca](http://www.fchn.ca)

